

## MONDAY 19 JULY

(UK Time)	(CET)	
4:00	5:00	NHK News (W)
4:15	5:15	Live From Your Home Town
4:38	5:38	National Treasures of Nara
4:45	5:45	17-Syllable Poems with Photos
5:00	6:00	NHK News (W)
5:05	6:05	Tomohiro's Grand Railway Tour of China (R)
5:25	6:25	World Heritage 100
5:30	6:30	Find Your Dream Career
5:56	6:56	Overseas Safety Information (W)
6:00	7:00	Naga Spe
6:25	7:25	World Music Album
6:30	7:30	FNN News SPEAK
6:55	7:55	TV Exercise
7:00	8:00	Overseas Safety Information (W)
7:15	8:15	D: Gegege's Wife
7:30	8:30	With Mother
7:55	8:55	PythagoraSwitch Mini
8:00	9:00	Peek-a-boo
8:15	9:15	Fun with Japanese
8:25	9:25	Premium 8 (R)
10:00	11:00	Childhood Memories Selections
10:45	11:45	My Favorite Book
10:55	11:55	Little Charo 2
11:00	12:00	NHK News 7 (B) (W)
11:30	12:30	Gardening for Pleasure
12:00	13:00	Be the Knowledge Master!
12:25	13:25	Finding the Only One
12:45	13:45	D: Gegege's Wife (R)
13:00	14:00	News Watch 9 (B) (W)
14:00	15:00	Grand Sumo Tournament Nagoya Basho at Aichi Prefectural Gymnasium (B)
15:30	16:30	Biz Sports (W)
15:55	16:55	Today's Menu for Beginners
16:00	17:00	Mythical Japan (R)
16:25	17:25	PythagoraSwitch Mini
16:30	17:30	Colorful!
16:45	17:45	Hello Animals
16:55	17:55	BITWORLD
17:30	18:30	A: Keroro
18:00	19:00	FNN Super News
18:25	19:25	BS News (W)
18:35	19:35	V: Nekketsu! Heiseikyoku Gakuin
19:25	20:25	Kyushu-Okinawa Special "Rimi Natsukawa in Her Hometown" (W)
20:10	21:10	D: Sunaoni Narenakute
21:00	22:00	BS News (W)
21:10	22:10	Arukumedes
21:40	22:40	Neo-Office Chuckles
22:10	23:10	V: Bokurano Jidai
22:34	23:34	Holiday Interview (W)
23:00	0:00	News: Good Morning, Japan (W)
23:45	0:45	News Commentary (W)
0:00	1:00	MUSIC JAPAN
0:30	1:30	J-melo (E)
1:00	2:00	Hobbyists (R)
1:15	2:15	Morning Market
2:00	3:00	NHK News (W)
2:05	3:05	Morning Market
2:55	3:55	Wooden Railway Stations in Japan (R)
3:00	4:00	NHK News (W)
3:05	4:05	Be the Knowledge Master! (R)
3:25	4:25	Finding the Only One (R)
3:50	4:50	Points at Issue (W)

## TUESDAY 20 JULY

(UK Time)	(CET)	
4:00	5:00	NHK News (W)
4:20	5:20	Live From Your Home Town
4:45	5:45	Health for Today
5:00	6:00	NHK News (W)
5:05	6:05	Asian Smiles
5:25	6:25	World Heritage 100
5:30	6:30	Holiday Interview (R)
5:56	6:56	Overseas Safety Information (W)
6:00	7:00	News: Good Morning, Japan (W)
6:25	7:25	World Music Album
6:30	7:30	FNN News SPEAK
6:55	7:55	TV Exercise
7:00	8:00	NHK News (W)
7:15	8:15	D: Gegege's Wife
7:30	8:30	With Mother
7:55	8:55	PythagoraSwitch Mini
8:00	9:00	Peek-a-boo
8:15	9:15	Fun with Japanese
8:25	9:25	Morning Market
10:00	11:00	Today's Menu
10:25	11:25	Challenge! Hobbies
10:50	11:50	Little Charo 2: Adventure in the Middle World
11:00	12:00	NHK News 7 (B) (W)
11:30	12:30	Enjoying Green Life
11:55	12:55	Enjoying DIY
12:00	13:00	Shibuya Live Stage Selections
12:45	13:45	D: Gegege's Wife (R)
13:00	14:00	News Watch 9 (B) (W)
14:00	15:00	Grand Sumo Tournament Nagoya Basho at Aichi Prefectural Gymnasium (B)
15:30	16:30	Biz Sports (W)
15:55	16:55	Today's Menu for Beginners
16:00	17:00	Personal Management
16:25	17:25	PythagoraSwitch Mini
16:30	17:30	Quintet
16:40	17:40	Kid's Discovery

16:55	17:55	Whiz-Kids TV Max
17:30	18:30	A: Gegegeno Kitaro
18:00	19:00	FNN Super News
18:25	19:25	BS News (W)
18:35	19:35	HEY! HEY! HEY! MUSIC CHAMP
19:25	20:25	D: Kanryotachino Natsu
20:15	21:15	NHK Song Concert
21:00	22:00	BS News (W)
21:10	22:10	Drama 10 "Angel's Share"
21:55	22:55	J-Lit: Stories from New and Old Japan
22:00	23:00	ON AIR BATTLE PLUS
22:34	23:34	Today's Close-up (W)
23:00	0:00	News: Good Morning, Japan (W)
23:45	0:45	News Commentary (W)
0:00	1:00	Grand Jete
0:30	1:30	Drama 10 "Angel's Share" (R)
1:15	2:15	Morning Market
2:00	3:00	NHK News (W)
2:05	3:05	Morning Market
2:55	3:55	Wooden Railway Stations in Japan (R)
3:00	4:00	NHK News (W)
3:05	4:05	Shibuya Live Stage Selections (R)
3:50	4:50	Points at Issue (W)

## WEDNESDAY 21 JULY

(UK Time)	(CET)	
4:00	5:00	NHK News (W)
4:20	5:20	Live From Your Home Town
4:45	5:45	Health for Today
5:00	6:00	NHK News (W)
5:05	6:05	Inspiring Lives: Europe (R)
5:25	6:25	World Heritage 100
5:30	6:30	Today's Close-up (R)
5:56	6:56	Overseas Safety Information (W)
6:00	7:00	News: Good Morning, Japan (W)
6:25	7:25	World Music Album
6:30	7:30	FNN News SPEAK
6:55	7:55	TV Exercise
7:00	8:00	NHK News (W)
7:15	8:15	D: Gegege's Wife
7:30	8:30	With Mother
7:55	8:55	PythagoraSwitch Mini
8:00	9:00	Peek-a-boo
8:15	9:15	Fun with Japanese
8:25	9:25	Morning Market
10:00	11:00	Today's Menu
10:25	11:25	PC Lessons for the Middle-Aged
10:50	11:50	Little Charo 2: Adventure in the Middle World
11:00	12:00	NHK News 7 (B) (W)
11:30	12:30	Beauty Magic
11:55	12:55	Enjoying DIY
12:00	13:00	Japanese Narrative Selections
12:45	13:45	D: Gegege's Wife (R)
13:00	14:00	News Watch 9 (B) (W)
14:00	15:00	Grand Sumo Tournament Nagoya Basho at Aichi Prefectural Gymnasium (B)
15:30	16:30	Biz Sports (W)
15:55	16:55	Today's Menu for Beginners
16:00	17:00	History Never Sleeps
16:25	17:25	PythagoraSwitch Mini
16:30	17:30	Quintet
16:40	17:40	Kid's Discovery
16:55	17:55	Whiz-Kids TV Max
17:30	18:30	A: One Piece
18:00	19:00	FNN Super News
18:25	19:25	BS News (W)
18:35	19:35	Wednesday J-POP
19:15	20:15	World's Unique Sites
19:20	20:20	D: Zettai Reido
20:10	21:10	Enjoy Nihongo!
21:00	22:00	BS News (W)
21:10	22:10	Historical Anecdote
21:55	22:55	J-Lit: Stories from New and Old Japan
22:00	23:00	Medical Variety Show: Doctor G
22:34	23:34	Today's Close-up (W)
23:00	0:00	News: Good Morning, Japan (W)
23:45	0:45	News Commentary (W)
0:00	1:00	Be the Company's Star!
0:25	1:25	Enjoy Nihongo! (R)
1:15	2:15	Morning Market
2:00	3:00	NHK News (W)
2:05	3:05	Morning Market
2:55	3:55	Wooden Railway Stations in Japan (R)
3:00	4:00	NHK News (W)
3:05	4:05	Japanese Narrative Selections (R)
3:50	4:50	Points at Issue (W)

## THURSDAY 22 JULY

(UK Time)	(CET)	
4:00	5:00	NHK News (W)
4:20	5:20	Live From Your Home Town
4:45	5:45	Health for Today
5:00	6:00	NHK News (W)
5:05	6:05	NY Wave (R)
5:25	6:25	World Heritage 100
5:30	6:30	Today's Close-up (R)
5:56	6:56	Overseas Safety Information (W)
6:00	7:00	News: Good Morning, Japan (W)
6:25	7:25	World Music Album
6:30	7:30	FNN News SPEAK
6:55	7:55	TV Exercise
7:00	8:00	NHK News (W)
7:15	8:15	D: Gegege's Wife
7:30	8:30	With Mother
7:55	8:55	PythagoraSwitch Mini
8:00	9:00	Peek-a-boo
8:15	9:15	Fun with Japanese

8:25	9:25	Morning Market
10:00	11:00	Today's Menu
10:25	11:25	Artistic Hobbies
10:50	11:50	Little Charo 2: Adventure in the Middle World
11:00	12:00	NHK News 7 (B) (W)
11:30	12:30	Let's Handicraft
11:55	12:55	Enjoying DIY
12:00	13:00	Riddles on Mobile
12:45	13:45	D: Gegege's Wife (R)
13:00	14:00	News Watch 9 (B) (W)
14:00	15:00	Grand Sumo Tournament Nagoya Basho at Aichi Prefectural Gymnasium (B)
15:30	16:30	Biz Sports (W)
15:55	16:55	Today's Menu for Beginners
16:00	17:00	Dog & Cat Cafe
16:25	17:25	PythagoraSwitch Mini
16:30	17:30	Quintet
16:40	17:40	Kid's Discovery
16:55	17:55	Whiz-Kids TV Max
17:30	18:30	Planet Survival
18:00	19:00	FNN Super News
18:25	19:25	BS News (W)
18:35	19:35	V: Qsama!!
19:25	20:25	QUESTA
20:10	21:10	Science for Everyone
21:00	22:00	BS News (W)
21:10	22:10	Invitation to World Heritage Sites
21:40	22:40	Hobbyists
21:55	22:55	J-Lit: Stories from New and Old Japan
22:00	23:00	Japan's Academia
22:34	23:34	Today's Close-up (W)
23:00	0:00	News: Good Morning, Japan (W)
23:45	0:45	News Commentary (W)
0:00	1:00	50 Voices
0:30	1:30	QUESTA (R)
1:15	2:15	Morning Market
2:00	3:00	NHK News (W)
2:05	3:05	Morning Market
2:55	3:55	Wooden Railway Stations in Japan (R)
3:00	4:00	NHK News (W)
3:05	4:05	Riddles on Mobile (R)
3:50	4:50	Points at Issue (W)

## FRIDAY 23 JULY

(UK Time)	(CET)	
4:00	5:00	NHK News (W)
4:20	5:20	Friday Variety
4:45	5:45	Health for Today
5:00	6:00	NHK News (W)
5:05	6:05	Documentary 20min. (R)
5:25	6:25	World Heritage 100
5:30	6:30	Today's Close-up (R)
5:56	6:56	Overseas Safety Information (W)
6:00	7:00	News: Good Morning, Japan (W)
6:25	7:25	World Music Album
6:30	7:30	FNN News SPEAK
6:55	7:55	TV Exercise
7:00	8:00	NHK News (W)
7:15	8:15	D: Gegege's Wife
7:30	8:30	With Mother
7:55	8:55	PythagoraSwitch Mini
8:00	9:00	Peek-a-boo
8:15	9:15	Fun with Japanese
8:25	9:25	Morning Market
10:00	11:00	Today's Menu
10:25	11:25	Japanese Spirit
10:50	11:50	Little Charo 2: Adventure in the Middle World
11:00	12:00	NHK News 7 (B) (W)
11:30	12:30	Let's Handicraft
11:55	12:55	Enjoying DIY
12:00	13:00	cool japan
12:45	13:45	D: Gegege's Wife (R)
13:00	14:00	News Watch 9 (B) (W)
14:00	15:00	Grand Sumo Tournament Nagoya Basho at Aichi Prefectural Gymnasium (B)
15:30	16:30	Biz & Sports Wide Variety (W)
16:25	17:25	PythagoraSwitch Mini
16:30	17:30	Quintet
16:40	17:40	Kid's Discovery
16:55	17:55	Whiz-Kids TV Max
17:30	18:30	A: Yattah Man
18:00	19:00	FNN Super News
18:25	19:25	BS News (W)
18:35	19:35	V: Mecha Mecha Iketeru!
19:25	20:25	D: Aibo season 8
20:15	21:15	World Strollers
21:00	22:00	BS News (W)
21:10	22:10	Strategies of Historical Warriors
21:40	22:40	Songs of Our Generation
22:10	23:10	J-Lit: Stories from New and Old Japan
22:15	23:15	Wonderful Discoveries in Tokyo
23:00	0:00	News: Good Morning, Japan (W)
23:30	0:30	Natural Grandeur of the East
23:45	0:45	News Commentary (W)
0:00	1:00	Premium 8: The World's Number One
1:30	2:30	Japan's Academia (R)
2:00	3:00	NHK News (W)
2:05	3:05	Childhood Memories Selections (R)
3:00	4:00	NHK News (W)
3:05	4:05	cool japan (R)
3:50	4:50	Points at Issue (W)

## SATURDAY 24 JULY

(UK Time)	(CET)	
4:00	5:00	NHK News (W)

4:15	5:15	Journeys in Japan (E) (R)
4:45	5:45	Trad Japan mini
4:50	5:50	Miscommunication!
5:00	6:00	NHK News (W)
5:05	6:05	Three-month English Lessons
5:25	6:25	Little Charo 2 (R)
5:30	6:30	Be the Company's Star! (R)
5:56	6:56	Overseas Safety Information (W)
6:00	7:00	News: Good Morning, Japan (W)
6:25	7:25	World Music Album
6:30	7:30	NHK Weekly News (W)
7:00	8:00	NHK News (W)
7:10	8:10	Overseas Safety Information (W)
7:15	8:15	D: Gegege's Wife
7:30	8:30	With Mother
7:55	8:55	PythagoraSwitch
8:10	9:10	Songs for Everyone
8:15	9:15	Little Trips
8:40	9:40	Colorful! (R)
9:00	10:00	Documentary 20min.
9:20	10:20	Tokyo Metropolis
9:45	10:45	17-Syllable Poems with Photos
10:00	11:00	Music Wonderland
11:00	12:00	NHK News 7 (B) (W)
11:30	12:30	Law and Laughter
12:00	13:00	D: RYOMADEN (R)
12:45	13:45	D: Gegege's Wife (R)
13:00	14:00	NHK News (W)
13:15	14:15	Grand Sumo Tournament Nagoya Basho at Aichi Prefectural Gymnasium (B)
14:50	15:50	BS News (W)
15:00	16:00	NHK Overseas Network (W)
15:32	16:32	Trace A to Z (W)
16:15	17:15	Tokyo "Kawaii" TV
16:45	17:45	Children, Wake Up!
17:05	18:05	Fun Science for Teens
17:30	18:30	Saturday Sports News
18:00	19:00	Comedy Hour
18:30	19:30	Puppet-Novela: The Three Musketeers
18:50	19:50	BS News (W)
19:00	20:00	Nature Wonder Land
19:30	20:30	Saturday Samurai Drama "Mattsgugu"
20:00	21:00	JSTV Special: