

UK	CET	UEA	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
4	5	7	News					Exploring Factories	NHK Amateur Singing Contest	
			Delicious Japan!	Drama "Hoshi Shinichi's Short Story"	Documentary: 20 Minutes	Lunch ON! (R)	Today's Menu			
			Drama Serial "Chimu-Dondon" (R)							
5	6	8	News					Historical Drama "The 13 Lords of the Shogun" (R)	Songs of Japanese Spirit	
			News Around Japan							
6	7	9	World Music Album					PREMIUM SELECTIONS	The Cats Eye Museum (R)	
			My Gardening	Hobbies—Sparkle Your Life!	Hobbies—Sparkle Your Life!	Hobbies—Sparkle Your Life!	Japanese Entertainment Encyclopedia			
			25 Kyoto's Hidamariva Garden Shop	Tanka Poetry	Haiku Poetry	Today's Menu (R)	Today's Menu (R)			Follow in the Footsteps of Tasha Tudor (R)
7	8	10	News & Weather					PREMIUM SELECTIONS	PREMIUM SELECTIONS	
			Basic English	Onishi Hiroto's Basic English Recipe						
			Dear Japan	Chinese Navi	French for Traveling (R)	German for Traveling (R)	Spanish for Traveling (R)			
			Sign Language Cafe 5min							
			Everyday Tips							
8	9	11	The Fountain of Ancient Wisdom (R)	Tokoro-san's Pursuit of Truth (R)	Recipe for Fulfilling Second Life! (R)	Asagaya House: Update Your Thinking (R)	Choices on How to Deal with Illness (R)	SCIENCE ZERO (R)		
			The Cats Eye Museum (R)		Verbalizing Hard to Express Feelings		Gretel's Magical Oven (R)	100-Camera Stories (R)		
			Haru's Weekend at Japanese Old House Cafe (R)	Gentle Journeys (R)	Five Franes for Love (R)	Doki Doki! WORLD TV				
9	10	12	Blue & Yellow 10min (R)	Deko Boko Pon! Invention Lab	PythagorasSwitch		PREMIUM SELECTIONS			
			Fun with Japanese				Let's Enjoy English with Orton			
			Peek-a-boo					With Father		
10	11	13	1-Minute Anime: Songs for SDGs / Blue & Yellow 1min					With Mother		
			News (B)					NHK News (B)		
			Kid's Discovery					Nyan-chu! Space! Broadcasting!		
			Edutainment "Sciencer" Show	Whiz-Kids TV hello.				Nosy's Inspiring Atelier (R)		
			Pretty Craft Workshop					Fish Masters 5min		
11	12	14	NHK News 7 (B)					Ball-Toss Comedy Contest		
			Today's Close-up					Tokyo Local Information NETADORI!		
12	13	15	Tsurube's Salute to Families	Song Concert	Only Locals Know	The "Instruction Manual" Show	Trivia Quizzes You'll Get Scolded by Chiko-chan!	Historical Drama "The 13 Lords of the Shogun"		
			Child-Rearing Hints & Tips mini					The Visualization Entertainment: Go! Kaneo-kun		
								News & Weather		
13	14	16	News Watch 9 (B)					Saturday Watch 9 (B)		
								NHK Special		
14	15	17	Leisurely Railway Journey Across Japan	Drama 10 "The Honest Real Estate Agent"	History Detective	SONGS	COOL JAPAN	NHK Special/ Saturday Drama		
			Five Franes for Love		Night Drama Serial "Kana-Kana"		72 Hours		Journey of the Heart Across Japan	
								Venue101		
15	16	18	Asagaya House: Update Your Thinking	100-Camera Stories	Verbalizing Hard to Express Feelings	Tokoro-san's Pursuit of Truth	Correlation Diagram of the Complex Social Phenomena	100 Beautiful Mountains of Japan		
			International News Report 2022					PREMIUM SELECTIONS		
							Sunday Sports News			

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16	17	19	15 Premium Drama "The Next Time I Reborn"	15 Recipe for Fulfilling Second Life!	15 The Fountain of Ancient Wisdom	15 Japanese Traditional Performing Arts II	15 Samurai Drama Selections "Kumokiri Nizaemon 2" (R)					
						55 no art, no life		25 NHK Amateur Singing Contest (R)				
17	18	20	05 Gretel's Magical Oven	00 SCIENCE ZERO	00 J-MELO	00 Child-Rearing Hints & Tips	00 Haru's Weekend at Japanese Old House Café					
			30 Japanese Narrative Art	30 Tanka Poetry (R)	30 Haiku Poetry (R)	30 Shogi Focus	30 Go Focus	30 Somewhere Street	15 PREMIUM SELECTIONS			
18	19	21	05 Health for Today				00 Documentary: 20 Minutes (R)					
			20 Today's Menu		20 Today's Menu (R)		20 My Gardening (R)		20 Leisurly Railway Journey Across Japan (R)			
			45 Cooking for Beginners						35 Choices on How to Deal with Illness			
			50 News Commentary									
19	20	22	00 NHK News 4K Local Edition									
			20 The Visualization Entertainment: Go! Kaneo-kun (R)	20 Darwin's Amazing Animals (R)	20 Tsurube's Salute to Families (R)	20 Song Concert (R)	20 Only Locals Know (R)	20 The "Instruction Manual" Show (R)	15 Strolling with Tamori (R)			
20	21	23	55 Fish Masters (R)	50 Drama "Hoshi Shinichi's Short Story" (R)								
				05 Asia Insight (B)	05 Where We Call Home (B)	05 Journeys in Japan (B) (R)	05 Core Kyoto (B)	05 Trails to Oishii Tokyo (B) (R)	00 Follow in the Footsteps of Tasha Tudor			
			35 TV Exercise						35 Dear Japan (R)		30 Tokyo Local Information NETADORI! (R)	
21	22	0	00 With Mother (R)						00 Historical Dramas "The 13 Lords of the Shogun" (R)			
			24 Kid's Discovery (R)						24 Nosity's Inspiring Atelier			
			39 PythagorasSwitch (R)			39 Boko Pon! Invention Lab (R)			39 Nosity's Inspiring Atelier		39 Mimicries (R)	
			49 Go! Go! Cook R'n			49 Blue & Yellow Imin			49 City-Scope		45 Natural Grandeur of the East (R)	
22	23	1	00 News: Good Morning, Japan						00 News	00 News: Good Morning, Japan		
									10 Samurai Drama Selections "Kumokiri Nizaemon 2"			
23	0	2	00 News: Good Morning, Japan									
									45 Natural Grandeur of the East			
0	1	3	00 Drama Serial "Chimu-Dondon"						00 Gentle Journeys	00 Drama Serial "Chimu-Dondon"		
			15 asaichi				15 Trivia Quizzes You'll Get Scolded by Chiko-chan! (R)		25 News This Week		15 asaichi	
1	2	4							00 72 hours (R)	00 Sunday Debate		
									30 Song Concert (R)			
55 Exercise for Everyone									55 Exercise for Everyone			
2	3	5	05 The "Instruction Manual" Show (R)	05 Strolling with Tamori (R)	05 NHK Special (R) / Saturday Drama (R)	05 Tsurube's Salute to Families (R)	05 NHK Special (R)		05 Ideas to Protect Ourselves from Disasters			
			50 Songs for Everyone			50 Songs for Everyone			50 Switch! for the Future		50 Songs for Everyone	
3	4	6	55 SONGS (R)	55 COOL JAPAN (R)	55 100 Beautiful Mountains of Japan (R)	55 Drama 10 "The Honest Real Estate Agent" (R)	05 Premium Drama "The Next Time I Reborn" (R)		05 History Detective (R)			
			45 Points at Issue				25 Five Frames for Love (R)	40 The Cats Eye Museum		40 Correlation Diagram of the Complex Social Phenomena (R)		